



Issue: 18

National Public School

HOSUR ROAD

FIRST FORUM

Behind The Pen

A school is shaped not just by its classrooms and corridors, but by the ideas, creativity, and collaboration within it. At National Public School, Hosur Road, learning extends beyond textbooks and examinations. Students are encouraged to explore new concepts, question ideas, express themselves freely, and grow both academically and personally. This Grade 9 newsletter reflects that shared journey of curiosity, effort, and enthusiasm.

This edition brings together academic insights, creative expressions, achievements, and memorable experiences that showcase the diverse talents of our peers. From thoughtful articles and innovative ideas to artistic creations and reflections, each contribution highlights the dedication and passion of students who stepped forward to share their work, making this newsletter a truly collective platform.

Creating this newsletter has been a rewarding experience for us, as editors. From brainstorming themes to refining submissions, every stage strengthened our teamwork, communication, and sense of responsibility.

We extend our sincere gratitude to our teachers for their guidance and support, and to every contributor for their creativity and commitment. We hope this edition informs, inspires, and offers a glimpse into the vibrant Grade 9 community at NPS Hosur Road.

-Grade 9 Editorial Team

Avni Bagla 9A, Devanshi Chakraborty 9A,
Vignesh S 9A, Aditya Kumar Mishra 9B,
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At The Helm

Staying Calm, Focused, and Disciplined During Examinations



Examinations mark an important stage in a student's academic journey. They not only evaluate knowledge but also help in building qualities like perseverance, responsibility, and self-discipline. As students prepare for their exams, it is essential to remember that success depends not just on hard work, but also on maintaining a calm and balanced mindset.

During exam time, it is natural to feel a certain level of stress or anxiety. In fact, a moderate amount of pressure can be helpful in motivating better performance.

The key is to manage this stress effectively. Students should follow a well-planned study schedule, take regular short breaks, and ensure they get enough rest. A healthy lifestyle—including proper sleep, nutritious food, and staying well-hydrated—plays a significant role in maintaining focus and clarity. Above all, students should trust their preparation and approach each exam with confidence.

Discipline is equally crucial during this period, as it reflects one's character and integrity. Students are expected to be punctual, follow all examination rules, and maintain silence and concentration in the exam hall. Honest effort and fairness truly represent meaningful learning. When students act with sincerity and responsibility, they not only achieve better results but also build values that last a lifetime.

Parents and teachers have an important role in guiding and supporting students throughout this time. Their encouragement, reassurance, and positive attitude can greatly boost students' confidence and motivation. It is also important for students to understand that examinations are just one aspect of their educational journey, and every sincere effort contributes to growth and improvement.

As a school community, we urge all students to stay calm, remain disciplined, and give their best effort. Face each examination with determination, believe in your abilities, and remember that every challenge brings an opportunity to learn and grow.

We wish all our students success in their examinations. May your dedication, hard work, and positive mindset lead you to great achievements.

Mrs. Usha Mahesh Reddy
Director - Principal

Campus Chronicles

Kannada Rajyotsava



Kannada Rajyotsava is celebrated every year on November 1st to honour the unification of all Kannada-speaking regions in South India into one state, a milestone achieved on November 1, 1956. On the morning of November 6th, students from Grades 1 to 9 participated in the festivities by singing traditional folk songs and presenting captivating performances that highlighted the diverse dance forms of Karnataka. An inspiring speech was also delivered, enhancing the appreciation for our beloved state. Additionally, children dressed as various famous personalities of Karnataka, educating their peers about the contributions made by these renowned personalities.

Children's Day

National Public School, Hosur Road was filled with laughter and excitement as we celebrated a memorable Children's Day. Each grade enjoyed a special lineup of activities designed to bring everyone together.

For Grades 1 to 5, the day was packed with fun games and an energetic session of dance that had everyone moving. Grades 6 to 8 enjoyed a more relaxed celebration with a movie screening and delicious food. Our seniors in Grades 9 and 10 took to the field for a high-energy dance session and a spirited, competitive game of tug of war. It was a wonderful day that celebrated the spirit and joy of every student in our school.



Phoenix-Season 2



'Phoenix 2025: Season 2' showcased a vibrant science display symbolizing renewal and the pursuit of knowledge, inspired by the mythical phoenix. Under the theme "Sustainable Innovation," students created practical projects addressing real-world problems with a focus on sustainability. Their work involved research, experimentation, and continuous improvement, reflecting creativity and resilience. The event celebrated curiosity, determination, and the spirit of overcoming challenges.

Christmas

Christmas was joyfully celebrated on 23rd December by the students of NPS HRD with great enthusiasm and festive spirit. Students from Grades 1 to 5 actively participated by singing melodious Christmas carols and decorating their classrooms with colourful Christmas decorations, spreading cheer and happiness all around. Each class hosted a fun-filled party where students enjoyed games, laughter, and festive treats.

Reflecting the true spirit of Christmas, the Grade 3 students expressed their gratitude to the school's transport staff by presenting thank-you cards to them. Adding to the festive atmosphere, a beautifully decorated Christmas tree at the front office welcomed everyone with the true spirit of the season.



Campus Chronicles

Constitution Day



Constitution Day, is celebrated in India on November 26th to commemorate the adoption of the Constitution by the Constituent Assembly in 1949. On the Constitution Day, an informative and engaging assembly was conducted by Grade 9. The students learnt about how the constitution was made and how it was brought to effect. A small presentation was displayed on the smart boards for the little ones. The school prefect read the Preamble in front of the school and all pledged to follow faithfully its dictums.

Makar Sankranti

Makar Sankranti was celebrated on January 14th with great joy. The school premises were beautifully decorated with vibrant rangoli designs, a sugarcane tripod, heaps of freshly harvested wheat, and a pot filled with pongal, symbolising hope and abundance. A special puja brought students and teachers together in prayer as they learned about the festival's message of gratitude and new beginnings. The day ended with the sharing of prasad and festive treats, filling everyone with warmth and happiness.



Parent Engagement Programme



The Parent Engagement Programme, titled PRERNA, welcomed Grade 7 parents from January 19 to 23, 2026, to share their knowledge with students. Parents led sessions on diverse topics like Languages, Financial Literacy, Chemical Reactions, Technology's Impact, AI, and Shloka Chanting. The initiative strengthened the school-home bond and inspired students to explore new ideas with curiosity and enthusiasm.

Graduation Day

The inaugural Graduation Day Ceremony at NPS Hosur Road, held on January 10, marked a significant milestone for the institution. Chief Guest Mr. Hari Krishnan delivered an inspiring address, emphasizing the values of resilience and integrity, while Mentor Principal Mrs. Shantha Chandran encouraged graduates to pursue their dreams boldly. Notable moments included a solemn Covenant led by the School Prefect and an emotionally charged Candle Lighting Ceremony. The evening concluded with a celebratory dinner, creating lasting memories. NPSHRD wishes the Class of 2026 success and happiness as they embark on their remarkable journey.



Campus Chronicles

Meraki

“Art washes away from the soul the dust of everyday life.” — Pablo Picasso

In collaboration with the Art Department, students curated a beautiful and thought-provoking exhibition that celebrated creativity in its many forms.

The exhibition showcased a diverse range of artworks and craft pieces, including paintings, sketches, sculptures, mixed-media creations, and handcrafted installations.

Together, the collection highlighted not only the students’ artistic talent but also the power of art to tell stories, inspire reflection, and bring people together beyond the boundaries of words.



Novelty



‘Novelty’ was a unique initiative designed for Grade 4 students, aimed at emphasizing the significance of reading and fostering a passion for storytelling. This program encouraged young learners to tap into their imaginations and cultivate their creative writing abilities by crafting their own novels. Through this initiative, children planned characters, developed plots, and brought their ideas to life with words, all under the guidance of their teachers. Each novel showcased the student’s distinct imagination, effort, and the growing confidence they gained as budding writers.

YEP

The Young Entrepreneurship Program (YEP), provided students of Grade 6, with the opportunity to explore their creativity and develop fundamental business skills. Participants planned a product, delivered a business pitch to their parents, and crafted their items by hand. The program culminated in an exciting Market Day where they sold their creations. Each product represented the students' dedication, handcrafted with care and sincerity. Through this experience, students fostered confidence, teamwork, and entrepreneurial thinking. The proceeds collected were donated to charity, supporting those in need and cultivating a sense of compassion in these young minds.



Republic Day



Our school proudly celebrated Republic Day, emphasizing the spirit and responsibilities that define our nation. The event featured a musical performance that fostered unity and national pride, followed by students reciting the Preamble, reinforcing their commitment to justice, liberty, equality, and fraternity. This celebration reminded students of their duties as citizens and the importance of upholding constitutional values, inspiring them to contribute positively to the nation's progress and unity.

Ragasudha

The event, Ragasudha 2026, featured more than 30 students from Grades 1 to 9 showcasing their talents in Carnatic music. Clad in traditional attire, these young performers delivered heartfelt renditions with remarkable clarity and expression, accompanied by talented musicians playing the violin, mridangam, and ghatam. This gathering aimed to preserve and promote India's classical heritage, emphasizing the school's dedication to maintaining cultural traditions, and highlighting its commitment to keeping them alive.

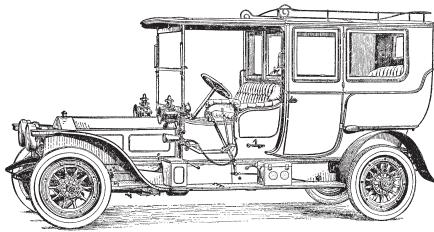


The Buzz Board

Rolls Royce- A Masterpiece

What truly elevates a Rolls Royce to the status of a masterpiece is the human element: the artisanal craftsmanship and unrivalled bespoke program. Unlike mass-produced luxury vehicles, Rolls Royce is primarily handcrafted at the company's Goodwood facility. The interior is a sanctuary of opulence. It takes scores of highly skilled hands hundreds of hours to create a single vehicle. Wood veneers are meticulously book-matched from a single tree to ensure continuity of grain, and leather hides are scrutinized, cut and stitched by specialists. The level of personalization is virtually limitless, culminating in features like the Starlight Headliner, which uses thousands of hand-placed fiber optic lights to recreate a client's favorite constellation, or unique Coachbuild creations like the Droptail series, which are entirely bespoke, one-of-one vehicles. This commitment transforms a car into a personal expression- a singular work of rolling art. It is a fusion of uncompromising engineering and peerless artistry, a true testament to the vision of its founders that continues to define the pinnacle of luxury motoring.

~ Aarav Malviya 9A



Inside Your Head on Exam Day

A Dramatic (Yet Surprisingly Accurate) Tale of Your Brain During Exams:

6:00 a.m. The alarm blares. Your body craves the snooze button, but your mind jolts awake and murmurs, "Today is the exam." Panic floods in faster than your phone charges at 1%. As you settle down with your textbooks, your brain shifts into Exam Survival Mode. Inside your mind, billions of tiny messengers known as neurons begin exchanging signals. Picture a colossal WhatsApp group where everyone is typing simultaneously, hurling formulas, definitions, and half-remembered answers (some might even be fully recalled, but who's counting?).

Suddenly, stress crashes the party—uninvited. Your body releases a hormone called cortisol, which acts as your emergency alarm system. In moderation, cortisol is beneficial; it keeps you alert, focused, and awake during crucial moments like exams. However, when stress escalates, cortisol can spiral out of control, leading to confusion.

When the pressure hits, your hands may start to sweat, your heart races, and the simplest answers seem to vanish. This is why you might find yourself staring at a question, thinking, "I studied this yesterday... so WHY is my mind blank?" Don't worry; this reaction is completely normal.

At this moment, the true hero of exam time comes into play: the prefrontal cortex. While it may sound complex, it's simply the part of your brain responsible for thinking and decision-making, located just behind your forehead. This area aids in recalling information, solving problems logically, managing time, controlling anxiety, and deciding whether to tackle a question or move on. During exams, your prefrontal cortex operates like a multitasking champion, juggling memory, logic, focus, and self-control simultaneously. However, when stress escalates, this region can become fatigued, and your emotional brain starts to scream, "What if I FAIL?" This is when fear takes over, leading to careless mistakes.

Inside your brain, memory cells are scurrying around like librarians in a frantic search for the right book at the last minute. If you've studied regularly, they can quickly retrieve the information and present it to you neatly. However, if you relied solely on last-minute cramming, they may panic, collide with each other, and bury the information deep within. This illustrates why revision is crucial—it fortifies the connections between neurons, making recall faster and smoother during exams.

Fortunately, science offers some reassuring insights. Adequate sleep helps organize your brain, much like arranging notes into labeled folders. Regular revision strengthens memory pathways, allowing answers to flow naturally. Maintaining a calm demeanour keeps cortisol levels in check, enabling your thinking brain to stay in control. This is also why pulling all-nighters often backfires—a fatigued brain is a confused brain.

So, here's the truth: your brain isn't trying to sabotage you during exams. It's working diligently under pressure, striving to help you succeed. The next time exam anxiety creeps in, take a deep breath and remind yourself, "My brain has prepared. Now it's just showtime." Remember, exams assess not just intelligence, but also calmness, consistency, and confidence.

~ Devanshi Chakraborty, 9A

Virat Kohli

When we talk about passion with purpose, one name shines the brightest - Virat Kohli. He is not just a run machine, he is a fire that never stops burning. Every match he plays tells us the story of hunger, focus and fearless belief.

Virat Kohli teaches us that talent may open doors, but discipline keeps them open. He has a sharp cover drive, aggressive celebration and arm confidence. As a leader he doesn't just chase victories he builds a culture of courage, fitness and self respect.

From pressure to performance, from dreams to dominance, Kohli proves that greatness is earned not gifted. He inspires millions of people to choose excellence - not just in cricket but in life.

~ Rithu Renesh, 9A

The Buzz Board

Escaping the Digital Loop

In a technology-driven world, maintaining focus has become increasingly challenging. My battle with distractions began in fourth grade during lockdown when I stumbled upon video games. Initially, they were merely a fun pastime, but over time, I became trapped in a cycle of constant play. As a result, my grades suffered, and I lost interest in my studies, often hiding away just to indulge in gaming. Despite my desire to quit, I found it impossible to do so until my mother ultimately imposed a ban on video games. I felt anger at first, but with time, I came to appreciate her decision.

Now, three years later, I notice similar patterns all around me, from endless scrolling on social media to ceaseless streaming. I recognize that many websites are designed to captivate users rather than promote balance. Acknowledging this early on has allowed me to become more mindful of my habits, leading to increased focus, discipline, and control over my choices.

~ Navya Sharma, 9B

The Dual Life

Shi Ming is a 26-year-old woman who leads two remarkably different lives within the same day. In the morning, she works as a nurse at a government hospital, caring for the sick and assisting doctors. By night, she transforms into a dedicated boxer, training rigorously at the gym. Her life exemplifies how one individual can excel in two contrasting professions through hard work and discipline.

Shi Ming begins her day early, attending to her responsibilities in the hospital. She monitors patients' temperature, blood pressure, and pulse, administers medication, and provides support to doctors during treatments. She also offers comfort to patients who are frightened or in distress. Although her job can be exhausting and occasionally stressful, she remains composed. She has cultivated patience, attentiveness, and kindness, believing that true strength lies in helping and protecting others.

After her hospital shift, Shi Ming takes some time to rest and nourish her body with healthy meals. In the evening, she heads to the gym for boxing training, which includes skipping, running, practicing with the punching bag, and sparring. Boxing demands intense focus and physical strength. Despite feeling fatigued from her nursing duties, she persists in her training, driven by her desire to become a better boxer.

Juggling both roles is no easy feat for Shi Ming. She often feels tired and has limited free time, leading her to adhere to a strict routine. She ensures she gets enough sleep, consumes nutritious food, and takes precautions to avoid injuries. Her experience in the hospital fortifies her mental resilience, while boxing builds her physical strength. She believes that these two roles are interconnected, as they impart valuable lessons in discipline, control, and responsibility. By day, she aids in the healing of others, and by night, she pushes herself to become stronger.

~ Andriya Wilben, 9A

The Boy Who Ran Towards the Fire

When the fire broke out, everyone in the neighborhood ran away except John.

A thick smell of smoke filled his house, and orange flames crept up the walls. John's heart pounded, but he remembered his family inside – his parents and his little sister, Mia.

Covering his mouth with a wet cloth, John rushed in. The heat burned his skin and the smoke made it hard to see. He found Mia crying in her room and carried her out to safety. Then he ran back again.

The roof began to crack, but John did not stop. He guided his parents through the smoke, holding their hands until they reached the open air. Moments later, the house collapsed behind them. The fire trucks arrived soon after, but the most important rescue was already done.

That night, as his family hugged him tightly, John understood something important: bravery is not the absence of fear – it is choosing to protect the ones you love, even when you are afraid.

~ Aadi Aryan Surin, 9A

Srinivasa Ramanujan

Srinivasa Ramanujan was a brilliant Indian mathematician born on the 22nd of December, 1887. He was an orthodox Brahmin born in a family with meagre income. Yet, he never let financial hardships stop him from reaching greatness.

Among the people to identify his talent and greatness was British mathematician, G.H.Hardy, who invited 26-year-old Ramanujan to Cambridge University. Here, Ramanujan did his B.A (Bachelor of Arts). He went on to produce groundbreaking results, far ahead of his time, such as his famous infinite series, which gave the accurate value of pi for upto 6 decimal places and every successive term added another 8 decimal places. Prior to this, another German mathematician Leibniz's formula took 5 million terms to do the same.

Sadly, our nation lost this gem at a very young age of 32. Ramanujan is celebrated as one of the greatest mathematicians in history. His discoveries continue to be applied in various fields, including computing, to calculate billions of decimal places of π . Even today, he inspires students and math enthusiasts around the world.

~ Vignesh Shankar, 9A



The Buzz Board

Decisions That Impacted Millions

The war between Iran and Israel in June 2025 erupted following a long history of escalating tension, particularly over Iran's nuclear program and regional influence. The conflict began with Israel's airstrikes targeting Iranian nuclear and military facilities in Tehran and other locations, including the Fordow enrichment facility. Iran responded by firing ballistic missiles at the US military bases in Qatar and other targets escalating the conflict into a full blown regional crisis. The war resulted in significant casualties on both sides, with both countries evacuating diplomatic personnel and calling for the de-escalation. Ultimately, the war had a devastating impact on the region and the world highlighting the dangers of unchecked regional conflict and potential for nuclear aspiration.

~ Anish Krishna 9A

Kylian Mbappé - GOAT

Kylian Mbappé, renowned for his explosive speed and exceptional finishing skills, was born in 1998 and is currently regarded as one of the greatest players in football. His passion for the sport was inspired by his father, who worked as a football coach. At the young age of 16, he joined AS Monaco, where he shattered the legendary Thierry Henry's record for the club's top scorer.

In 2018, Mbappé received his first call-up to the French national team and went on to win the World Cup that same year, catapulting him to fame and attracting interest from major clubs like PSG and Real Madrid. Although joining Madrid was his dream, he ultimately chose to sign with PSG. By 2023, he became the club's top scorer, but the previous year was a heart-wrenching experience. On December 18, 2022, his heart sank as he witnessed the final penalty shootout. Having carried France to the final against Argentina, he nearly orchestrated a legendary comeback by scoring two goals in two minutes and completing a hat trick, yet he was let down by his teammates. It wouldn't be inaccurate to say the match felt like Mbappé versus the entire Argentine team.

In 2024, he fulfilled his lifelong dream by joining the prestigious Real Madrid. However, the first half of the season was disastrous, leading some to label him a flop. Nevertheless, he made a remarkable comeback, breaking Ronaldo's record for the most goals in a debut season and winning the coveted European Golden Boot. This season, he is on track to achieve his first UEFA Champions League title and the Ballon d'Or.

~ Gurudeep K Reddy, 9A

A Promise Kept

The alarm rang at 5:00 a.m. every day, even on Sundays. No one else in the house was awake when Reeta sat up in bed. Outside, the sky hovered between night and morning, unsure of itself. She didn't wake up feeling inspired. Most days, she felt sleepy, sometimes irritated, sometimes wondering why she even tried.

But she got up anyway.

Discipline, Reeta learned, didn't feel powerful. It felt quiet. Almost dull.

Months earlier, she had decided she wanted to change—not suddenly, not dramatically, but in a way that would stay. She was tired of half-finished goals and motivation that vanished as quickly as it came. So she stopped making big promises and started making small rules.

Wake up at 5.

Read ten pages.

Practice for one hour.

No excuses.

Some mornings, her thoughts pushed back.

You're too tired.

Skipping one day won't matter.

You can start again tomorrow.

But discipline was choosing to move forward even while those thoughts lingered. It was honoring the promise she made yesterday over the comfort she wanted today.

Days turned into weeks. Nothing remarkable seemed to happen. No praise. No sudden reward. Just repetition.

Then one evening, Reeta noticed something different.

When things went wrong—when she made mistakes, when she was criticized—she didn't crumble the way she once did. She didn't quit. She paused, learned, and tried again the next morning.

That's when she understood:

Discipline wasn't punishment.

It was protection.

Every time she showed up, she was telling her future self, "I won't let you down."

Years later, when people asked how she stayed so steady, so consistent, she didn't speak about talent or motivation.

She spoke about early mornings.

About routines no one noticed.

About choosing herself on days it felt hardest.

Because discipline didn't make Reeta extraordinary.

It made her dependable—to herself.

And that, she knew, was a quiet kind of strength that lasts.

~ Vinuthna Gopinath, 9A

The Buzz Board

If Animals Could Talk

If animals could talk, they would have many questions for humans. We call ourselves the smartest species, yet we cut down forests, pollute rivers, and damage the planet we depend on. A fish might wonder why humans poison the oceans, while birds might ask why their homes disappear every year. Animals would also talk about kindness — or the lack of it. Pets like dogs and cats might praise humans who show love, care and responsibility. However, wild animals would remind us of the pain caused by hunting, deforestation and climate change. An elephant could talk about losing its home, while a polar bear might warn us about melting ice and rising temperatures.

If animals could talk, they might not only complain — they would advise. They would tell us to take only what we need, respect nature, and live in balance with the Earth. After all, animals have survived for millions of years by following nature's rules. Maybe animals don't need words to speak. Their silence speaks louder than any voice — the disappearing forests, polluted oceans, and shrinking animal populations tell a powerful and painful story. The real question is not whether animals can speak, but whether humans are finally ready to listen, understand, and change before it is too late.

~ Yuvraj Pandit, 9A

Manchester United

Founded in Stratford, Trafford as Newton Heath LYR. It was founded by railway workers in 1879. By 1945, it had reached the Premier League and had taken the name of Manchester United. Its manager, Matt Busby had now brought in players between the age of 18 to 22, these group of players were known as 'Busby Babes'. But, on 6th February 1968, 8 of the 11 players died in a plane crash, later called the 'Munich Air Tragedy' and many newspapers used the name 'ManU' to make derogatory comments about the club after the Munich Tragedy. The club had now bought new players including the golden trio: George Best, Denis Law and Sir Bobby Charlton, these three would go on to be club legends. The club continued on until the sacking of their manager in 1989 and then they appointed a Scottish manager from Aberdeen FC. He was Sir Alex Ferguson who would also go on to be one of the greatest managers in football history. He brought Manchester United from a 15th spot team to a 21 titles and a 3 time UCL winning club. The most prolific players in football history belonged to this club with names like Ronaldo, Wayne, Rooney, and many more. Today, its manager is Michael Carrick and it operates in a 4-2-3-1 formation. Its biggest rivals are Liverpool FC and Manchester City. It is one of the most successful clubs in football history and will continue to be one.

~ Mukundh Ganesh 9B

Python: Simple and Powerful

Python stands out as one of the most significant and widely-used programming languages globally. Developed by Guido van Rossum in 1991, it boasts a diverse array of applications across various sectors, including Artificial Intelligence, Machine Learning, Web Development, and Game Development.

You might assume that with such extensive applications, learning Python would be challenging. However, that's not the case. Python is known for its user-friendly syntax, making it one of the simplest programming languages to learn—accessible to anyone interested in coding. The core mechanics of Python were initially programmed in the language C, with subsequent components developed in Python itself. As Artificial Intelligence continues to gain traction, the demand for Python is only expected to increase.

In conclusion, Python is not only one of the most powerful languages available but also incredibly versatile and easy to learn.

~ Shravan S, 9A

A Tool to Serve Humanity

Artificial Intelligence is often seen as a powerful technology of the future, but at its heart, AI is a tool created by humans to help humanity grow. Its true value does not lie in how advanced it is, but in how responsibly and compassionately it is used.

AI has the ability to support human life in ways that were once unimaginable. In healthcare, AI helps doctors detect diseases early, saving countless lives. In education, it provides personalized learning, ensuring that no student is left behind. For people with disabilities, AI-powered tools give a voice to the voiceless and independence to those who once depended on others. These examples show that AI, when guided by human values, becomes a force for good.

Beyond convenience, AI teaches us an important moral lesson: technology should exist to serve humanity, not replace it. While machines can process data and perform tasks efficiently, only humans can show empathy, creativity, and moral judgment. Therefore, the responsibility lies with us to use AI wisely, ensuring fairness, equality, and respect for human dignity.

As students and future leaders, we must learn not only how to use AI, but also how to guide its growth with ethics and compassion. When combined with human kindness and wisdom, Artificial Intelligence can become a powerful partner in building a better, more humane world.

~ Saksham Chapate, 9B

The Buzz Board

Jade Rocks

Samuel was known for his strange hobbies and his love for unravelling mysteries. He was a skilled craftsman and spent most of his time in his dusty workshop, surrounded by tools, papers, collected over the years.

One day, while finding through a forgotten chest filled with ancient artifacts, Samuel tripped upon two delicate medallions made entirely of natural stone which looked like paper. The medallions appeared worn, yet their cool designs fascinated him. As he held them in his hands, a tingling sensation coursed through his body, revealing their magical nature.

Curiosity increased, Samuel started on a journey to discover the origins and powers of these mysterious medallions. Through his deep research, he learned that the medallions were crafted by an enigmatic stone named Arden, a master of ancient paper magic, 42 years ago.

Legend had it that Arden, seeking to spread joy and wonder among those he encountered, the medallions had extraordinary abilities. The first medallion, called the Medallion of Light, possessed the power to illuminate the darkest of paths and bring clarity to thinking thoughts. The second medallion, known as the Medallion of fire, could mend broken things and restore balance to the equipment.

Excited by the medallions' potential, Samuel decided to share his discovery with his closest friends. He gathered them in his cozy living room. As he recounted his journey of discovery, his friends listened excitedly.

Realizing the transformative impact these medallions could have on their lives, Samuel and his friends formed a safe locker to utilize the medallions wisely and selflessly. They pledged to use the Medallion of Light to the person who the team leader had believe on. The Medallion of fire, they decided, would be employed to the team leaders.

As the years passed, Samuel and his friends were no more the medallions were stored in a cave where there were traps for the invaders to keep the medallions safe. Samuel and his friends had made these traps to save the future so that the medallion could not come in the wrong one's hands, the medallions were got back in use at the next generation. The tale of the two magical medallions crafted 42 years ago. And so, the story of the two medallions of stone continues to inspire generations, serving as a reminder that even the simplest things can hold extraordinary power.

~ Krsna Anandsingh Thakur, 9A

Fried Food

Fried food is a popular treat, but eating it regularly is quite bad for your body. The biggest problem is that frying turns healthy ingredients into calorie-heavy meals. When food is dropped into hot oil, it loses water and soaks up large amounts of fat, making it much more likely to cause weight gain and obesity.

High frying temperatures also change the oil's chemistry. This process often creates trans fats, which are dangerous because they clog your arteries and raise your risk of heart attacks and strokes. Additionally, starchy foods like fries can develop a chemical called acrylamide, which has been linked to an increased risk of cancer.

Health studies show that people who eat fried food several times a week have a much higher chance of developing Type 2 diabetes and high blood pressure. Beyond long-term diseases, these greasy meals often cause immediate issues like indigestion and bloating. To protect your heart and energy levels, it is better to choose healthier cooking methods like baking or using an air fryer.

~Vihan Poojary 9A

BMW - The Perfect Car

BMW or Bavarian Motor Works was founded by Raph Motorenwerke in 1917. It was originally rooted in Munich, Germany with its main headquarters based in Munich and Bavaria. It has over 30 production sites spread across 140 countries in the world. It produces both practical daily usage cars and official sports cars. It is known for its high-quality engineering, luxury design and performance. It produces cars in the practical category such as the M-series and X-series. The M-series are for more performance being sedans while the X-series are SUVs designed for luxury and practicality. Its logo represents the Bavarian flag consisting of blue, white and black.

~ Tanmay Deshmukh, 9A

Cristiano Ronaldo

- Ronaldo was born in Portugal on February 1985.
- CR7 (Cristiano Ronaldo) is widely regarded as the best and greatest football of all time.
- He has won 5 ballon d'or awards and has scored over 960 career goals. He is close to becoming the first player in football history to score 1000 goals.
- He is known as the Goal Scoring Machine in football and has won 3 FIFA World Player of the year, won the best FIFA Men's player award and 4 European Golden boots.
- He shares a great rivalry with Messi.

~ Prajwal B Poojari, 9A

The Buzz Board

Didier Drogba

Didier Drogba is remembered as more than just a great footballer; he is remembered as a person with passion, emotion, and heart. Born on March 11, 1978, in Abidjan, Côte d'Ivoire, his journey to the top was not easy or fast. He faced setbacks early in his career, which shaped his resilience and made his success feel earned rather than gifted.

On the pitch, Drogba played with intensity and feeling. He celebrated with joy, showed frustration when things went wrong, and never hid from responsibility. In the biggest matches, he often took charge, using his strength and courage to push his team forward. His ability to deliver in pressure-filled moments made him respected by teammates and feared by opponents.

Off the pitch, Drogba showed the same humanity. He understood the influence he had and used his voice to promote peace and unity in Côte d'Ivoire during difficult times. This revealed a player who cared deeply about more than just football.

Overall, Didier Drogba's legacy is human and powerful. He represents perseverance, leadership, and emotional honesty. His story is not only about trophies and goals, but about character, responsibility, and using success to inspire and help others.



~ Sujan S, 9A

Democratic Rights Awareness

Every citizen has equal rights, regardless of caste, religion, gender, or background. Freedom of speech and expression allows people to share opinions without fear. Right to vote gives citizens the power to choose their leaders. Right to equality before law ensures justice for everyone. Democratic rights protect human dignity and prevent misuse of power. No one can be discriminated based on any factor. Everyone has to get the same opportunities in education. People can speak, write and protest peacefully. This helps in sharing ideas. Voting ensures the government works for the people. No one is above the law regardless of wealth. Citizens can stand against unfair treatment.

~ Siddharth Srinivas, 9B

Anti-Matter Propulsion

Rocket propulsion has historically been slow and inefficient, requiring vast amounts of fuel for each launch. A new type of propulsion has emerged - Anti-Matter Propulsion. When matter and anti-matter come in contact they convert all of their mass into a lot of energy and explode. In anti-matter propulsion, anti-matter would be stored in specialized containers using magnetic fields to prevent contact with the walls of the container.

Controlled amounts of anti-matter would be allowed to interact with matter, propelling the rocket forward. This technology could potentially reduce travel time to distant planets to just a few days!! Although still largely theoretical, a crewed mission could cost several quadrillions of dollars in today's money.

~ Krishna Hitesh Patel, 9A

Neymar Jr.

Neymar Jr. was born in Sao Paulo, Brazil on 5th February, 1992. Neymar's golden goal at the 2016 Rio Olympics is the fastest ever scored goal at an Olympic Games Football Tournament. Neymar is a professional footballer known for his flair, dribbling and skills. He is the top scorer for the Brazilian National team. He played for one of the greatest and most renowned clubs, Barcelona. "He teamed up with Messi and Suárez to form one of the greatest attacking trios in football history. Many young fans idolize Neymar for his fame, unique style, and incredible dribbling; he is sure to be remembered as a legend forever.

~ Darsh V. Srivastav, 9B

Blue Lock

Blue lock is an absolute masterpiece created by Maneyuki Kaneshiro. The show focuses on ego and shows how it can be good for us through football. The story is about an ordinary football player named Isagi Yoichi. He dreams big and wants to be the best striker in the world but his dreams are crushed when he loses in the match to get into the nationals. After this catastrophic event for his football career, he goes back to find a letter that would change his life. Blue lock has a good future ahead as it is getting new live-action adaptations, new seasons and an increasing fanbase. The anime first aired on television in 2022 and immediately became a fan favourite. The manga currently has over 300 chapters and over 35 volumes. I think blue lock is a must watch for everyone.

~ R Pratip Kumar 9A

The Buzz Board

PlayStation 2 – Sony's greatest success

The PlayStation 2, also known as the PS2 is Sony's second console and the original PlayStation's successor. Its central processor, the "Emotion Engine" is a 64-bit MIPS R5900 core that utilizes 128-bit SIMD (Single Instruction, Multiple Data) capabilities and a 128-bit internal data bus, enabling high-performance graphics and processing. The console had 32 MB RAM and 4MB Video RAM with a 40GB optional hard drive as its storage. The already sleek and futuristic console had also introduced a revolutionary and beloved concept known as "Backwards Compatibility", allowing the PS2 to play Original PlayStation games, a feature still used by most consoles to this day. The console's controller was named the "DualShock 2", acting as the original DualShock's successor. It also had an 8MB Memory Card and could display in 240p, 480i, 480p, as well as 1080i.

The console was released by Sony Computer Entertainment and Marketed by Sony and Foxconn as a 'Sixth Generation home video game console' on March 4 2000. The PlayStation 2 remains the best-selling video game console of all time, having sold 160 million units worldwide-nearly triple the combined sales of competing sixth-generation consoles like Nintendo's GameCube, Sega's Dreamcast and Microsoft's original XBOX.

The PlayStation 2 (PS2) stood out during this era, offering an impressive library of games that ran at a smooth 60 frames per second. In 2004, Sony revised the console with a smaller, lighter body officially known as the "Slimline" or the "PlayStation 2 Slim". Even after the release of its successor, the PlayStation3, in 2006, it remained in production and continued to receive new game releases for several years with the last game for the system Pro Soccer Evolution 2014 being released in Europe in November 2013. Manufacturing officially ended in early 2013, giving the console one of the longest lifespans in video game history, just barely losing to the Nintendo Entertainment System.

Sony's marketing, as well as technical skills made the simple PlayStation 2 into a simple console that millions of children, teens and adults will remember. Despite having a great performance, the console will always be remembered by the titles and the memories that came with it, showing the power of technology to create memories and fun.

~ Dev Rajgopal, 9A

Deja Vu

Ever get that feeling you've lived this exact moment before? That's déjà vu, and it isn't a "glitch in the Matrix" it's a split second misfire in your brain.

Scientists at Scientific American explain it as a split-second timing error. Usually, your brain processes a moment and then stores it as a memory. With déjà vu, there's a tiny lag your brain accidentally logs the info into your "memory" folder before you've even finished experiencing it. When you finally catch up, it feels like a rerun because, for a fraction of a second, it technically is a memory

It's most common in young people and those who travel often. It happens most when you're tired, stressed, or young

~ Jagruthi 9A

FC Barcelona

FC Barcelona, also known as Barça, is not just a football club. It represents pride, passion and history for millions of people around the world. It was founded in 1899 in Barcelona, Spain. It is one of the most famous clubs in the world. The team's blue and red flag, known as 'Blaugrana' instantly recognizable by the fans around the world. The club's motto "Més que un club" (More than a club) means that Barça stands for more than winning matches. It represents the Catalan culture. The club is closely connected to the people of Catalonia.

Barcelona is famous for its beautiful style of football. The team is known for its quick passing and intelligent movement on the pitch. This is known as tiki - taka. This playstyle focuses keeping possession, smart passes and working together. Over the years, many legends have worn the Barça shirt. Lionel Messi, the club's all time top scorer, brought magic to the pitch with his incredible dribbling skills. Other legends, like Johan Cruyff, Xavi, Iniesta, Ronaldinho and Neymar also created unforgettable moments on the pitch. Another special part of FC Barcelona is their youth academy, La Masia. This academy trains young players and turns them into world class players. Barcelona believes in growing young talent rather than buying stars. Some of players are Lionel Messi, Lamine Yamal, Xavi, Iniesta and more. With its rich history, exciting football and passionate fans, Barcelona FC continues to be one of the most loved and respected clubs in the world.

~ Thanmay M.Reddy, 9B

Why you deserve to watch F1

On Sunday, August 2, 2020, I watched a video that lasted seven minutes and thirty-two seconds. It was the highlights of the 2020 British Grand Prix. The final lap. Lewis Hamilton was cruising — he was utterly in control — towards what looked like his seventh win at home.

Max Verstappen, running second, had already pitted. He was nowhere. Thirty seconds back. The race was done. Then Hamilton turned into Turn 6. And he felt it. “I think something happened to my front-left tyre also”. Calm reply. “Verstappen, thirty seconds behind”. But the tyre was gone. A front-left puncture. And suddenly, the impossible became real. Updates started coming. Fast. Relentless. Differential change. High power mode. Twenty-five seconds. Twenty. Seventeen. This is the last lap. Sixteen seconds. Now ten. Verstappen appeared. He could be seen in the distance. Just a shape at first. Then unmistakable. Nine seconds. Seven. The panic finally crept into the voice. And then, at the very edge of failure, the chequered flag appeared. Just in time. That got me hooked with Formula One. By the end of this article, I hope it does the same for you. Before you go any further, watch the highlights of the 2025 British Grand Prix. Then come back.

If you’ve seen it, you know — this wasn’t just a good race. It was tense, unpredictable, there was action all round. And now I want to show you why moments like that are exactly why Formula One is meant to be watched live, not condensed into highlights. I will take you through what I felt during the race. The tension, the unpredictability, and the adrenaline.

It was the warm-up lap. The race hadn’t started. But still, there was drama. It had rained before, and most of it had dried up. There was a burning question in my mind: Is it dry enough for slick tyres?

Surely someone would make the gamble, but who? Would it ruin their race or win it for them?

The race got underway. Max Verstappen got away from pole position. Oscar Piastri and Lando Norris were hounding him. I cheered for Piastri, but he couldn’t take the lead away. Not just yet.

Further down, Lawson had been hit, and his race was over. A dramatic incident already.

After some time, Piastri seemed to get close again: Come on Oscar, seize the opportunity! Take the lead! Piastri eventually was the victor of this gripping battle, which thrilled us for multiple laps. Verstappen then lost control of his car for a moment, which let Norris by as well.

It rained. Biblically. Conditions were treacherous. And the drivers had worn tyres.

They had to pit. Then came the pit stops. Pit stops can make or break someone’s race. Like every race, I watched the pit stops keenly.

Visibility was clearly treacherous, with drivers not being able to see anything in front of them, which showed when Isack Hadjar ran into the back of Kimi Antonelli’s car, unable to see anything.

That led to the second safety car. Oh, come on! This is the second time Piastri’s advantage has been neutralised! But then he slowed down too much under the safety car and he got a ten-second-penalty. It seemed to me like his race was over.

Where is he going to find ten seconds! He’s going to finish fourth in the best case! This is going to have big implications on the championship battle! While I was cheering for Hamilton as he tried to get past Gasly for multiple laps, I also kept one eye on the timing bar on the left, nervously looking at Piastri’s gap to the rest of the field.

In all this drama, Nico Hulkenberg had worked his way up from 19th on the grid to a podium position.

But Lewis Hamilton was catching up very fast. Who do I cheer for? Do I cheer for my favourite driver who has not finished out of the podium in his home race for twelve years and yet to get a podium this year, or do I cheer for Hulkenberg, who has never finished on the podium in his long career? Some drivers considered a change to slick tyres, with the track drying up enough. After they pitted, with Piastri serving his penalty and slotting in at second, it all began to calm down.

Norris crossed the line to take an emotional home victory.

But the real fairytale was further behind. After 239 starts, the longest wait for a podium ever in F1 history, Nico Hulkenberg crossed the line in third to finally get his podium.

It was something every F1 fan liked. The whole F1 community; the drivers, the fans, the mechanics, they all liked it.

And all this? It’s just one of the 24 chapters of the 2025 season. Questions will be asked in the beginning of the season, and we will have to wait all season long to get the answers. Every instalment of the season provides a new twist in the tale. Every new chapter is connected to the previous one and will influence the next one. What you watch on TV is happening somewhere else right now, at this very instant. And it feels like you are part of this story.

And now is the perfect time to join the F1 bandwagon. 2026 marks a new era in the Formula One. A regulation change means that it’s all to play for — anyone can turn up with the fastest car. Fully sustainable fuels promise to hold the key to a world where clean, sustainable transportation is a reality. And F1 is going to spearhead that research. Active aerodynamics, a new team on the grid, and new technologies that promise to improve the spectacle. The message is clear.

If there’s any time to start watching Formula One, it is now.

~ Advait Srinivasan, 9A

Rethinking Memory

A new study examining how memory functions in the brain suggests that different kinds of remembering may rely on the same brain regions. Instead of using separate neural pathways to retrieve different types of information, the brain appears to activate overlapping areas, a finding that could change how memory is defined and studied.

The research was conducted by scientists from the School of Psychology at the University of Nottingham and the Cognition and Brain Sciences Unit at the University of Cambridge. The team found no measurable difference in brain activity between successful episodic and semantic memory retrieval.

What Makes Episodic and Semantic Memory Different:



Episodic memory: This form of memory enables individuals to mentally revisit moments from their lives, often described as "mental time travel."

Semantic memory: These memories are not tied to the original time or place where the information was learned and can be accessed independently of that context.

Unexpected Findings from Neuroimaging

A long-standing research tradition suggested that there would be differences in brain activity during episodic and semantic retrieval. Dr. Roni Tibon, Assistant Professor in the School of Psychology, led a study that challenged these long-held assumptions. He used neuroimaging alongside a task-based approach to investigate this question. His findings revealed that the distinction did not exist; instead, there is considerable overlap in the brain regions involved in both semantic and episodic retrieval.

Rethinking How Memory Is Studied:

For many years, episodic and semantic memory have been treated as separate systems, leading researchers to investigate them independently. This approach has resulted in relatively few studies that examine both memory types within the same experimental framework.

Dr. Tibon believes the new evidence could help shift this perspective. The study challenges the idea that episodic and semantic memories are separate systems, showing instead that they rely on overlapping brain regions. This insight may lead to a more integrated approach to studying memory in the future.

Mrs. Indu P K, Class Teacher 9A

Between the Gears and the Soul

Technology is our future.
That's what they all say.
But I think our future
is getting in our way.

We, as humans
are becoming robotic.
So much, so
that it seems idiotic.

We cannot stop technology
it's gone too far for that.
But progress must be sensible
and not replace humans to be automate.

~ Shreeya Ramesh, 9B

Dawn and Dusk

Morning spills its gold over sleeping trees
Wind plays tricks with wandering dust
Smiling the Earth sinks in silent ease,
To teach the hearts to slow down and trust

Moon and flowers dance,
Rivers sing a gentle trance,
Nature's magic's all around
Peaceful dreams are found.

~ Twisha Deshmukh, 9B

Nature - The Real Ruler

Nature is the real ruler
It comes in every colour
It can be love or fear
Present all around far and near

~ Atharva Katti, 9B

Connecting with the society

In this age of digital flashy screens,
where real moments are barely seen,
I find a place where wires don't reach
a lesson that only the old days can teach.

The faces I see in passing crowd,
they aren't digital, they are clear and loud,
The shared precious moments and shared meals
Are the only ones that feel truly real.

I will log off now, and step outside,
where the beauty of nature can't hide,
in the middle of the forest surrounded by trees,
is where my mind will truly be at ease.

~ Darren Immanuel Dennis, 9A

How Technology Changed My Life

Once I walked with questions wide,
Books and letters by my side,
Now with a click the answers stream,
Turning doubts into a dream.

Voices travel through the air,
Friends connect from everywhere,
Distances shrink, the world feels near,
A global bond is crystal clear.

Yet I pause, and softly see,
Tech's a tool that shapes me free,
Guided right, it lights my way,
To learn, to grow each passing day.

Tasks once hard are now so light,
Maps and tools just feel so right,
From work to play, it paved the way,
Technology changed my day.

~ Suryansh Pratap Singh, 9B

On The Horizon

Technology and Life

Once I walked to learn and read
Pages turned with hands in need
Now with clicks, the world's in sight
Endless knowledge, day and night

Calls were short and letters slow
Waiting days for news to show
Now I speak from miles away
Thoughts and smiles sent each day

Tasks once hard are now so light
Maps and tools feel just so right.
From work to play, it paved my way,
Technology changed my every day

Yet I pause, and softly see
Tech's a tool that shapes me free,
Guided right, it lights my way,
To learn, to grow each passing day.

~ A.V.Chakradhar Reddy, 9B

Nature's Breath

The sunrise paints the hills in gold;
A quiet warmth the Earth can hold;
The forest hums a gentle tune;
Beneath the drifting moon.

The morning mist clings to the grass,
The golden light wakes the trees;
The quiet hours of the shadow pass
Carried away with nature's gloss.

~ Shreeyash Patel, 9B

An Oath

Nature can be beautiful and mellow
It is all around us
It can be terrifying and sallow
So protect it, don't make a fuss

Golden dawn settles softly on still leaves
Wind hums stories, while the trees listen patiently
Rivers move slow, like time yearning for help
The Earth breathes slowly, asking us to listen.

~ Vikram Gopinath, 9B

Impact of Technology

Has technology changed my life?
Has it, made me to sit on a knife?
Pulled me up or pushed me down?
Gave me crown or tricked me to clown?
Raised me to grow or sank me to drown?
Handed me the throne or made me groan?

Education, Communication,
Information, Imagination,
Online shopping, Improved Healthcare,
With these and earning, I went 'I don't care.'

Yes, it did me both; I accomplished growth;
It got me good cloth; swung me high froth;
While I climbed upward, my spirit grew wroth;
Even I had lots, I did feel some dearth

What?... Why?...How?...
Addiction, distraction,
Less - interaction, agitation,
Hypertension, Irritation,
All had made a transformation.

So...
If not used in a good manner
Technology is not a saviour
It seriously impacts our
Love - Faith and Human - Behaviour

~ R Sankarshnan, 9B

Word Search

Find the following words in the puzzle.
Words are hidden →, ↓, and ↘.

WATERPOLO
SWIMMING
SAILING

SURFING

~ Shreyas V Reddy, 9B

Answers

[illegible]

A crossword puzzle grid with 16 numbered squares indicating the starting positions for words. The grid is composed of white squares for letters and black squares for empty space. Numbers 1 through 16 are placed in the top-left corner of each starting square.

Down

5. Second prime minister of India.
7. His famous quote was "Swaraj is my birthright and I shall have it!"
9. His birthday is celebrated as 'children's day'.
11. First president of India.
12. The first martyr of 1857 revolt.
14. Father of revolutionary thoughts.
15. She was known as the Queen of Jhansi.
16. Grand Old Man of India.
1. Daughter of Jawaharlal Nehru.
2. Iron man of India.
3. The first woman to be elected as chief minister of an Indian state.
4. Ramachandra Pandurang Tope was popularly known as?
6. The first minister of education.
8. He gave the motto, "Give me blood and I will give you freedom."
10. The lion of Punjab.
13. Father of nation.

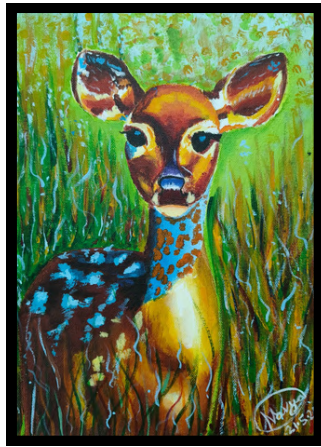
Answers

A crossword puzzle grid with 15 numbered squares. The grid is 15 squares wide and 15 squares high. The numbers are: 1 (down), 2 (across), 3 (across), 4 (across), 5 (across), 6 (across), 7 (across), 8 (across), 9 (across), 10 (across), 11 (across), 12 (across), 13 (across), 14 (across), 15 (across). The grid is mostly empty, with some letters already filled in: 'A' at (1,1), 'S' at (1,2), 'T' at (1,3), 'E' at (1,4), 'R' at (1,5), 'O' at (1,6), 'N' at (1,7), 'I' at (1,8), 'D' at (1,9), 'E' at (1,10), 'S' at (1,11), 'T' at (1,12), 'E' at (1,13), 'R' at (1,14), 'O' at (1,15).

~ Chiru Reddy, 9B



Avni Bagla, 9A



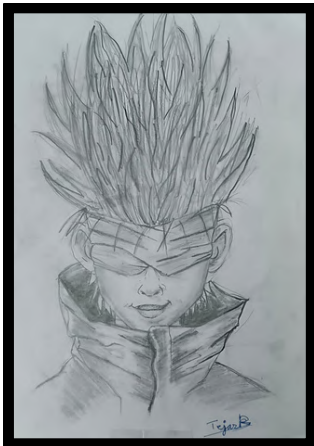
Navya Sharma, 9B



Ahana Charatkumar, 9A



Aditya Kumar Mishra, 9B



Tejas R Mathad, 9B



Avikshit R, 9B



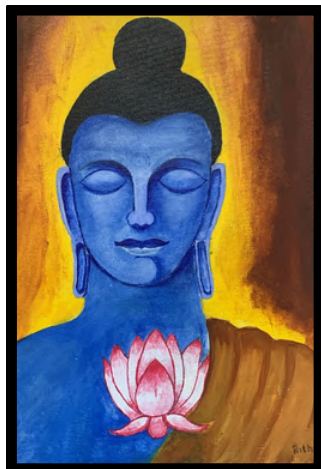
Tisha Viju Issac, 9A



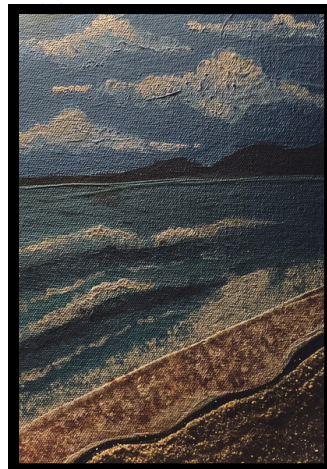
Vandana L, 9B



Advik Singh, 9B



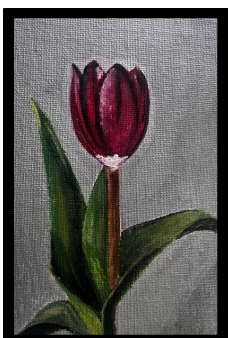
Rithu Renesh, 9B



Saksham Chapate, 9B



Aayushi Rathi, 9B



Deenal Choudhary, 9B



Aashi Harinath, 9A



Rutvi Budashetty, 9A

Basketball - De Sales Cup-10 Nov 2025



The boys' basketball team performed well at the De Sales Cup hosted by De Sales School. They finished the tournament as first runners-up.

Basketball - BS International School- 17 Nov 2025



At BSIS, the under-10 boys team gave an impressive performance. Their teamwork helped them win first place.

Basketball - Sai Basketball Academy.



Basketball team U-10 Boys secured first position and U-14 Boys secured second position in Basketball tournament held at Sai Basketball Academy.



Basketball - Amatra Academy-14 Nov 2025



The under-10 boys' team played at Amatra Academy, showing great confidence and coordination. Their efforts earned them a second-place finish.

AV Sports Academy 3x3 Basketball Tournament



The students showed great strategy at the Nurture Interschool Chess Tournament. Their strong play earned the school first place overall.

Karate - Mega International School- 17 Jan 2026



Both boys and girls performed excellently at the Mega International School karate event. Their combined scores helped the school win first place overall.

Athletics - Shri Ram Global Inter-School Competition



Athletics team emerged as the overall winners and won multiple individual medals at Shri Ram Global Inter-School Competition.

Chess - Viva Interschool Competition



Chess Players secured the overall second runners-up position and the students also won individual medals across various categories at the Viva Interschool Competition.

Basketball Tournament



Basketball team secured the first position in the tournament at Greenwood High School and Shri Ram Global School.

Skating - Shri Ram Global Inter-School Competition



Skating team secured the overall winners and multiple individual medals at Shri Ram Global Inter-School Competition.

Football - Shri Ram Global Inter-School Competition



U-14 Football team secured the second position in the tournament at Shri Ram Global School.

Football - Shri Ram Global Inter-School Competition



U-8 Football team secured the second position in the tournament at Shri Ram Global School.

Skating - Shri Ram Global Inter-School Competition



Skating team secured the first position at Shri Ram Global Inter-School Competition.

Badminton - The Amaatra Fest 2025



U-14 Boys secured second place in badminton in The Amaatra Fest 2025 held at The Amaatra Academy.

Lawn Tennis - The Amaatra Fest 2025



U-14 Boys secured second place in tennis in The Amaatra Fest 2025 held at The Amaatra Academy.

Badminton - The Amaatra Fest 2025



U-12 Girls secured third place in badminton in The Amaatra Fest 2025 held at The Amaatra Academy.

Badminton - The Amaatra Fest 2025



U-14 Girls secured third place in badminton in The Amaatra Fest 2025 held at The Amaatra Academy.

Karnataka Rajyotsava



Karnataka Rajyotsava, also known as Karnataka Day, was celebrated with great joy and pride at GMC. The celebration began with teachers introducing the significance of the day in a simple and engaging way for the little ones. Children learned that the red and yellow flag of Karnataka stands for bravery, peace, and prosperity. The atmosphere was filled with excitement as the children participated in songs celebrating Karnataka's spirit. The little ones learned about the beauty of Karnataka — its famous places traditional food, and festivals. The event concluded with cheerful smiles and a sense of pride in belonging to the vibrant state of Karnataka. "Jai Karnataka Mathe"

Children's Day

Children's Day, a joyful and meaningful occasion, was celebrated in a special way on November 14th at GMC. This day serves as a reminder to honor the innocence, energy, and limitless dreams of our children, who bring so much joy into the world. To ensure our little learners felt cherished, our school organized a week-long celebration filled with fun and engaging activities each day. Children truly illuminate our school with their innocence, curiosity, laughter, and kindness, embodying the essence of Children's Day.



Field Trip to Nursery



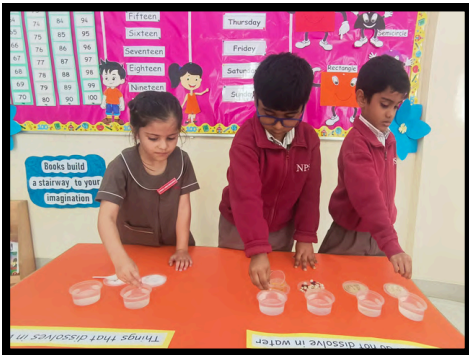
On November 21st, our kindergarten students enjoyed a joyful field trip to a nearby JPM nursery, filled with learning and exploration. Excitedly boarding the bus, they looked forward to discovering plants. At the nursery, staff warmly welcomed them, and the children were amazed by the variety of plants, including colorful flowers and fruit saplings. They curiously observed different shapes, colors, and sizes of leaves and flowers, fostering a love and respect for nature. The trip ended with bright smiles, new knowledge, and happy memories.

November Highlights



November was a vibrant month of celebrations and learning for our kindergarteners. We began with Kannada Rajyotsava, singing patriotic songs and understanding the importance of the day. Children's Day brought a week of joyful activities, fun games, special takeaways, and a lively teacher dance. Our field trip to a nursery sparked curiosity as children explored different plants and enjoyed learning outdoors. As part of the Community Helpers theme, they visited the nurse, admin team, security staff, housekeeping staff, and gardeners to thank them for their dedicated work. Academically, children continued to grow through interactive lessons on number names, opposites, blends, and more. A wonderful month of joy, gratitude, exploration, and meaningful learning.

December Adventures



December began with pleasant winter mornings, with children arriving in warm jackets and earmuffs. They enjoyed learning new concepts like big and small, numbers in order, long vowel sounds, magnets, and solids and liquids. Children also had fun with creative texture printing activities. The festive season brought joy as children decorated their classrooms with Christmas stars and bells. The month ended happily with a Christmas class party, welcoming Santa and celebrating together with smiles and cheer.

Christmas



Christmas at Glow Montessori Centre was a vibrant celebration filled with festive cheer. The campus was adorned with decorations, and children arrived in bright red, green, and white outfits, embodying the season's spirit. The festivities began with an introduction to Christmas's significance, focusing on love and kindness. Students sang carols and participated in craft activities, creating Christmas-themed decorations. A special visit from Santa Claus brought joy, laughter, and sweets, enhancing the celebration. The event concluded with a class party featuring music, games, and treats, fostering togetherness and leaving lasting festive memories for the children.

Makara Sankranti



Children at GMC celebrated Sankranti, the harvest festival, by decorating the school with rangolis, flowers, and sugarcane. Teachers explained the significance of the festival, emphasizing gratitude to nature and farmers. The children joyfully participated by chanting "Pongalo Pongal!", singing, and engaging in games. The celebration concluded with sharing freshly prepared Pongal, highlighting values of sharing, gratitude, and togetherness.

Kinder Arena

Republic Day



GMC embraced the spirit of patriotism as our little ones joyfully celebrated Republic Day. Dressed in the colors of our nation, the children marched proudly with the tricolor, embodying the essence of unity and freedom.

Teachers took the opportunity to explain the significance of the Republic and the Constitution of India, guiding the children to grasp important values such as responsibility, fairness, and respect. Through engaging activities and exercises, a heartfelt message was conveyed: The celebration served as a reminder that the future of India rests in their hands.



January Diary

January: A Fresh and Happy Beginning

After the Christmas break, our happy explorers returned with bright smiles and joyful holiday stories. Curiosity blossomed as children explored light and shadows, the solar system, and orbit walks. Sankranti, Republic Day, and Martyrs' Day filled the month with color, pride, and meaningful values, making January a joyful start to 2026.

Holi

The students of GMC celebrated Holi with vibrant colours and great enthusiasm. Teachers explained the significance of Holi and its message of joy, unity, and the victory of good over evil. The children also watched the traditional story associated with Holi, helping them understand the meaning behind the festival. Students happily applied colours to one another, spreading laughter and excitement across the campus. It was a joyful and memorable celebration for all the children.



Lakshya 2026

The Kindergarten Wing celebrated its Annual Sports Day – Lakshya 2026: Ritu Mahotsav with great enthusiasm, centred around the vibrant theme of “Seasons.” The event began with a cheerful Walk Past where the little participants marched confidently, displaying discipline, unity, and team spirit. A special highlight of the day was the Yoga Performance presented by the children, symbolizing different seasons through simple and graceful asanas. The young learners performed with confidence and coordination, reflecting balance, focus, and joy. Colourful drill performances added excitement to the celebration and beautifully represented the seasonal theme. The umbrella drill symbolized the rainy season, while the sunflower drill reflected the warmth and brightness of summer. The energetic hats and goggles drill further enhanced the performances and showcased the children's enthusiasm and teamwork. The event concluded with a prize distribution ceremony and inspiring words encouraging participation, effort, and the true spirit of sports.



Juniors Observation Session



One of the most exhilarating events for parents is when they are invited to observe their child's Montessori classroom in action. These sessions provide a unique opportunity for parents to witness firsthand the dynamic functioning of the classroom, including how learning occurs through various materials and how children collaborate with each other in groups.

The Junior Parents' observation session was eagerly anticipated by parents who arrived promptly at 8:15 am and departed by 9:00 am to ensure an optimal experience. The pupils were inquisitive about the appearance of their beloveds within their surroundings and received them with warm embraces.

Overall, there seemed to be no bounds to parental excitement as they gained insight into their child's daily routine within such a nurturing educational environment.

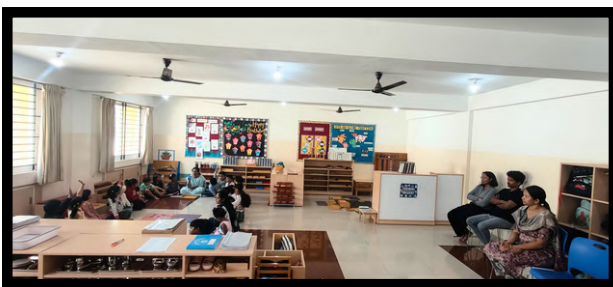
Kannada Rajyotsava Celebration



The children and teachers of Montessori were dressed in yellow and red attire, representing the colours of the Karnataka flag with great joy and pride .

Children learned that the red and yellow flag of Karnataka stands for bravery, peace, and prosperity. Children proudly displayed the head bands, badges and the Karnataka flag as they shouted the slogan 'Jai Karnataka Mathe' and danced to the famous song 'Huttidhare Kannada nadalli hutabeku' which reverberated in the entire GMC block.

Freshers Observation Session



For the Montessori Fresher parents at GMC, this was their inaugural experience witnessing their child's day-to-day activities. Upon entering the Montessori environment, many first-time observers were astounded by the diverse array of activities occurring simultaneously. Parents were initially drawn to observing their own child's behavior and subsequently overwhelmed by the exceptional performance exhibited by all students.

Children's Day Celebration

To unveil the hidden talents of our young, blossoming artists, we held a week-long celebration. The Montessori Freshers took the spotlight, showcasing their unique abilities for all to see. They donned various costumes for the Fancy Dress event titled 'Montessori Masquerades' and delighted everyone with their performance of action songs.



The Montessori Seniors arrived ready to engage in a variety of simple science experiments and share stories. They also took part in a 'Cooking without Fire' activity, where they had the chance to prepare and showcase some culinary delights. Their friends watched with curiosity as they crafted dishes such as sandwiches and Monaco biscuit snacks.

Our Juniors took to the stage to showcase their talent 'Sway Masters'-a dance event and also performed in 'Showcase of wonders'.

The event proved to be a great learning experience for the students and gave them a platform to explore their hidden talents.

Christmas Celebration

Glow Montessori Centre radiated festive cheer, as Montessori children gathered for a heartwarming Christmas celebration. The Christmas tree stood adorned with glittering baubles, stars, bells and twinkling lights, setting the perfect scenario for the joyous occasion of Christmas. The children came dressed in Christmas colours added to the fervour. The celebration included singing Christmas carols, various craft activities, and watching a short video about the story of Jesus Christ. The joy on the faces of children was priceless, when Santa himself made a special appearance dancing to the tune of Jingle bells.

The day concluded with children carrying home memories, and sweets handed to them by Santa, vibing to the Christmas celebration that brought entire GMC together.



Makara Sankranti Celebration

To celebrate Makara Sankranti, Montessori students engaged in vibrant festivities. The event featured a pot of grains surrounded by flowers and sugarcane, symbolizing prosperity. Teachers explained the festival's significance and the importance of thanking nature and the Sun. Children joyfully performed 'Kummi' and sang "Banthu Sankranti." Fun games like a sugarcane race and tug of war added excitement, while sharing freshly prepared Pongal emphasized values of sharing and togetherness. The celebration concluded with colorful kites and a delicious prasada made from moong dal, capturing the true spirit of the festival as children joyfully exclaimed, "Ellu bella thindu olle mathadi."



Seniors Second Observation Session



The second observation session for the Senior Montessori Parents' was conducted in the month of January. The students were intrigued by the presence of their beloved family members within their learning environment and greeted them warmly with affectionate embraces. The children were curious in showcasing their work to parents. Parents also got the progress review of their ward by the teachers.

Republic Day Celebration



The Republic Day at Glow Montessori Centre started with children participating in March Past. The spirit of patriotism was seen in the way everybody was waving the flags and participating in the parade. Dressed in the colours of the nation, the children proudly marched with the tricolour, spreading the spirit of unity and freedom.

Teachers introduced the meaning of the Republic and the Constitution of India, helping children understand values like responsibility, fairness, and respect. Children made tricolour flags in their drawing books and , and sang patriotic songs. The assembly concluded with the National Anthem, reverberating the whole of GMC.

Parents' Day out with Toddlers



The parents of toddlers were offered an exclusive chance to accompany their little ones to school for a day. With enthusiastic anticipation, parents entered the Montessori environment to observe their children's activities. It was a delightful experience for both the parents and the children. The children relished the opportunity to sing along with their beloved parents.

During snack time, everyone gathered to prepare a delicious fruit snack. The young ones mixed and blended different fruits together. Soon after, the group enjoyed the tasty snack they had prepared. Both parents and children savored every bite of their delightful creation.

The program concluded with a cheerful rendition of the 'Goodbye Song,' followed by the presentation of stars to both parents and children. It was a wonderful and enjoyable experience for everyone, as the children happily spent quality time with their parents.

GLOW FEST- 2026 'Bharat Manthan'



The most awaited event of the year, **GLOW FEST 2026**, was celebrated with great enthusiasm and grandeur at GMC. This year's Montessori presentation, **Bharat Manthan**, beautifully recreated the colourful world of television. The event perfectly blended learning with entertainment, as our little Montessori stars confidently switched channels and brought various TV programs alive on stage, showcasing creativity, culture, and confidence.

With enthusiastic participation from Montessori children of all four age groups, Bharat Manthan became a joyful blend of imagination, talent, culture, and learning — truly bringing an entire television world alive on one stage with programs like Prayer, Yoga, Dance, Animal channel, Sports, News, Fashion Show and Mime show.

Culmination of EPL Activities- Senior



The culmination of the Montessori Practical Life curriculum involved the Montessori Seniors demonstrating their proficiency in food preparation, utilizing the skills acquired over three years of experiential learning activities. The month of March saw a diverse range of activities, including crafting fresh orange juice, assembling delectable sandwiches and preparing traditional Bhel puri.

The children eagerly engaged in all of these activities by procuring the specified ingredients and bringing them to school they were asked for. They prepared the dishes, expressing their thoughts and sharing insightful stories during the process. The Seniors gathered together to enjoy a communal tasting experience, exchanging pleasurable conversation about their unique culinary encounters with peers.

Holi Celebration



The festival of Holi was celebrated in our school in a simple and meaningful way. Students gathered in the AV Room to watch the story of Holika and Prahlada, which explains the significance of Holi and the victory of good over evil. The story helped everyone understand the cultural and spiritual importance of the festival.

After watching the story, students wished each other a Happy Holi and applied a small 'tika' on their friends' foreheads as a symbol of friendship, respect, and joy. The celebration created a cheerful atmosphere and reminded everyone about the values of kindness, unity, and positivity associated with the festival of Holi.

Study Smart, Dream Big

Success doesn't come from last minute cramming. It comes from small, consistent efforts every day.

In our classrooms, I often remind students that learning is a journey, not a race to the finish line. Each day's sincere effort adds quietly but powerfully to your understanding. Even when progress feels slow, remember that steady practice strengthens both knowledge and character. True success is built on patience, discipline, and a willingness to improve a little each day. The habits you form now, in these important school years, will guide you long after you leave these corridors.

Set clear goals, follow a simple study routine, stay organised, and don't be afraid to ask questions. A goal gives direction to your effort; without it, even hard work can lose its focus. Write your goals down, review them often, and measure your progress honestly. There is great strength in admitting that you need help, for that is how true learning begins. Make a realistic timetable, revise regularly, and take short breaks to refresh your mind. Small acts of discipline today prevent unnecessary stress tomorrow. A tidy study space and a focused mind can make a remarkable difference to your performance. Learn to prioritise what truly matters over what merely distracts you.

Remember that understanding is more valuable than memorising. When you understand a concept clearly, you gain the confidence to apply it in new situations. Read not only to complete chapters, but to expand your thinking. Ask yourself questions such as "Why does this happen?" and "How is this connected to what I learnt before?" Such habits develop sharp minds and thoughtful individuals. Intelligence is not about knowing everything; it is about being curious enough to keep learning. Believe in yourself and keep pushing forward. Confidence grows when preparation becomes a habit. Surround yourself with positive influences and friends who encourage you to do your best. Choose determination over distraction, and effort over excuses. Learn to manage your time wisely, especially in this age of constant digital distractions. Technology can be a powerful tool for learning when used responsibly, but it can also steal precious hours if not controlled. Be smart in your choices.

Respect your teachers, value your parents' guidance, and take responsibility for your own progress. These habits will not only help you in examinations but also shape you into responsible young adults. Character is built when no one is watching—through honesty in your work, fairness in your actions, and kindness in your behaviour. Academic success is important, but integrity and empathy make you truly successful in life.

Remember, every page you read and every problem you solve bring you one step closer to your dreams. Success is not built in a single night; it is built in steady, patient steps taken day after day. There will be challenges, occasional disappointments, and moments of self-doubt. Do not be discouraged by mistakes; they are proof that you are trying and learning. Learn from them, correct them, and move ahead with renewed determination. Resilience is often the difference between those who give up and those who achieve their goals.

Take care of your health as well. A sound body supports a sound mind. Eat well, sleep adequately, and make time for physical activity. Balance your studies with hobbies that refresh your spirit—reading, music, sports, or creative pursuits. A balanced life strengthens concentration and reduces anxiety.

Keep learning, keep growing and never give up. The future belongs to those who prepare for it with dedication, honesty, and perseverance. As your teacher, I have complete faith in your potential and I encourage each one of you to strive for excellence, not just in academics, but in character and conduct as well. Dream big, work steadily, think wisely, and act responsibly. Your efforts today are shaping the leaders, innovators, and responsible citizens of tomorrow.

Mrs. Shalini K T, Class Teacher 9B

Quick Hacks to Avoid Procrastination

“The secret of getting ahead is getting started.” – Mark Twain

Procrastination is a common habit among students. Many times, tasks such as homework, assignments, or exam preparation are delayed because they seem difficult, boring, or overwhelming. While postponing work may provide temporary comfort, it often leads to last-minute stress, incomplete work, and unnecessary pressure. Learning to manage procrastination is therefore an important skill that helps students stay organized and confident.

One useful strategy is the **“5-minute rule.”** Instead of thinking about completing the entire task, students can simply commit to working on it for five minutes. Getting started is often the hardest step. Once the mind is engaged, students usually find it easier to continue working beyond those initial minutes.

Another effective method is to **break large tasks into smaller and manageable steps.** For example, instead of worrying about completing an entire project, students can begin with one section at a time. Small accomplishments create a sense of progress and make the task feel less overwhelming.

Creating a **daily to-do list** can also be very helpful. Writing down tasks and prioritizing the most important ones allows students to plan their time better. Crossing off completed tasks provides a sense of achievement and motivation to continue.

In today’s digital age, distractions are one of the biggest causes of procrastination. Mobile phones, social media, and online entertainment can easily divert attention. **Setting specific study times and keeping devices away** while studying can greatly improve focus and productivity.

It is also important for students to **reward themselves after completing tasks.** A short break, listening to music, or doing something enjoyable can refresh the mind and maintain motivation. Balanced breaks prevent burnout and help students return to their work with better concentration.

Overcoming procrastination does not happen overnight, but by practicing these simple habits regularly, students can develop better time management skills and a positive attitude toward their responsibilities. Small steps taken today can lead to greater confidence, reduced stress, and long-term success in both academics and life.

Mrs. Ashwini Manjunath
School Counsellor

The 1% Decisions That Quietly Change Everything

To understand the value of one year, ask a student who did not pass an exam.

To understand the value of one month, ask a mother who gave birth prematurely.

To understand the value of one week, ask the editor of a weekly newspaper.

To understand the value of one day, ask a daily wage labourer who depends on that day's work for a living.

To understand the value of one hour, ask two people waiting to meet.

To understand the value of one minute, ask a person who just missed a train.

To understand the value of one second, ask an athlete who missed a record.

To understand the value of one millisecond, ask someone who won a silver medal in a race.

Time does not announce its importance—it flows on without pause, waiting for no one, silently shaping the course of our choices and their consequences.

There are moments in school life that feel important—examinations, results, competitions, recognitions. They are visible, measurable, and often remembered. But alongside these, almost unnoticed, runs another layer of experience—made up of small, quiet choices that rarely receive attention, yet leave a lasting imprint.

A student walks into a classroom and pauses for a second longer than usual. The choice of where to sit is made almost automatically, front or back, near a friend or apart, engaged or withdrawn. It seems insignificant, even trivial. And yet, over days and weeks, such moments begin to shape patterns—of participation, of confidence, of presence.

In another instance, a question appears on the page. There is a brief hesitation. Attempt it, even if unsure, or leave it for later—perhaps not return at all. No announcement follows this decision. No one records it. But something subtle shifts: either a step is taken forward, or an opportunity quietly passes.

Then there are the unspoken moments—the times when a thought forms, an idea emerges, or a doubt lingers. To voice it or to hold it back is often decided in seconds. Yet, over time, these choices begin to define not just how others see a student, but how the student begins to see themselves.

What is remarkable about these decisions is not their size, but their consistency. They do not demand preparation. They do not announce consequences. They simply appear, repeatedly, in ordinary situations—waiting to be made.

There is no single moment where everything changes. Instead, there is a gradual unfolding—a shaping of attitude, effort, and identity through choices that, at the time, seem too small to matter.

AND YET, THEY DO!

In the end, it is the 1% choices—quiet, repeated, almost invisible—that come together to create the 100% of who you become.

— Mrs. Anju Chokhani
Academic Coordinator (PY)

Rising to the Challenge: The Power of Perseverance

As they step into the next phase of their academic journey, our students will encounter new challenges that will test their determination, resilience, and confidence. This is a time when they will begin to understand the importance of taking ownership of their learning and actions. With greater independence comes greater responsibility, and it is through this balance that true growth takes place. Every challenge they face will shape their ability to think critically, act wisely, and persevere even when the path seems difficult.

We encourage our students to remain curious and open-minded as they continue to explore new ideas and opportunities. Learning is not limited to the classroom; it is a lifelong process that extends beyond books and examinations. By asking questions, seeking knowledge, and embracing new experiences, they will develop a deeper understanding of the world around them. Curiosity fuels creativity, and creativity leads to innovation—qualities that will help them succeed in an ever-changing world.

Equally important is the value of relationships and teamwork. As they grow, students will realize that success is often built on collaboration and mutual support. The friendships they nurture and the respect they show towards others will play a vital role in their journey. By practicing empathy, kindness, and understanding, they create a positive environment where everyone feels valued and encouraged to do their best. These bonds will not only enrich their school life but also stay with them as lasting memories and sources of strength.

As they move forward, let them also remember the importance of resilience and self-belief. There will be moments of doubt and setbacks, but these are stepping stones to success. What truly matters is the courage to keep going, to learn from mistakes, and to grow stronger with each experience. With discipline in their actions and values in their hearts, they are well-equipped to face the future with confidence and purpose.

“Success is not final, failure is not fatal: it is the courage to continue that counts.”

— Mrs. Maithili Arun
Academic Coordinator (SY)



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